

# Training and Skills Development

## Management of Safety on The Railway

Every manager needs an understanding of their safety and health responsibilities.



We know that the best way to achieve safety and health training success is to get people fully involved, having fun, and learning by doing. We want to get delegates really thinking about what they're learning – and having the confidence and enthusiasm to put it into practice when they're back at work – so that everyone notices the difference.

**RailSTAR – Management of Safety on the Railway** is unlike any other course. You'll find a practical programme, full of step-by-step guidance, and a sharp focus on railway practices. But you'll also find that the highly innovative format and content engages and inspires your staff – critical to getting safety and health embedded across the whole organisation.

### WHO IS IT FOR?

**RailSTAR – Management of Safety on the Railway** is specifically designed for managers and supervisors in the railway sector. They won't suddenly become safety experts – but they'll get up-to-speed on the practical actions they need to take and gain the knowledge and tools to tackle the safety and health issues they're responsible for. Importantly, **RailSTAR – Management of Safety on the Railway** makes a powerful case for safety and health being an integral part of day-to-day management and business.

### WHAT DOES THE BUSINESS GET?

- » Peace of mind from training that's designed by Chartered IOSH practitioners from the railway industry and quality-controlled by the Chartered body for safety and health professionals, IOSH.
- » Flexibility – the 5-day programme can be delivered flexibly so that it suits your business.

- » Efficient and effective learning – health, safety and environmental basics are covered in a single programme.
- » Globally recognised, respected and certificated training for your managers and supervisors.

Memorable and thought-provoking facts and case studies from across the rail industry help drive the points home over the whole course. Each module is backed by crystal-clear examples and recognisable scenarios, and summaries reinforce the key learning points.

### RAILSTAR – MANAGEMENT OF SAFETY ON THE RAILWAY COVERS

- » Assessing risks
- » Controlling risks
- » Understanding responsibilities
- » Understanding hazards
- » Investigating incidents
- » Measuring performance
- » Safety briefing preparation and delivery skills.

Successful delegates are awarded an RailSTAR – IOSH Management of Safety on the Railway certificate and competency card.

### WHAT RESULTS CAN I EXPECT?

- » Greater productivity, from fewer hours lost due to sickness and accidents.
- » Improved company-wide safety awareness culture and appreciation of safety measures.
- » Active staff involvement to improve the workplace.
- » Enhanced reputation within your supply chain.

### WHAT IS THE COST?

- » Please contact [info@railstar.org](mailto:info@railstar.org) for more details.
- » Cost includes IOSH registration and certification, RailSTAR – IOSH competency card, delegate workbook, and refreshments.
- » This course is registered by CITB NI for grant assistance\*

**RailSTAR – Management of Safety on the Railway is delivered by IOSH's approved training provider Advance Safety Management Ltd.**

A one-day **RailSTAR – Management of Safety on the Railway Refresher** course is available to delegates who have already completed the full Management of Safety on the Railway course.

\*(T&C apply).

# Management of Safety on The Railway

## Course Contents



### **MODULE 1: Why Is It Important to Manage Safety**

- Why Manage Safety
- Workplace & Rail Industry Safety Statistics
- Criminal & Civil Law
- Costs Implications
- Health And Safety Law

### **MODULE 2: Health & Safety Management Systems**

- Introduction to H&S Integrated Management Systems (IMS)
- Benefits of IMS
- Elements of IMS
- Details of a Health and Safety Policy

### **MODULE 3: Responsibilities & Safety Culture**

- Responsibilities
- The Concept and Significance of Safety Culture
- Human Factors Influencing Safety-Related Behaviour
- Improving Health and Safety Behaviour
- 10 Key Principles to Achieve Successful Leadership and Worker Involvement

### **MODULE 4: Risk Management**

- What Is a Risk Assessment
- 5 Steps of Risk Assessment
- The General Hierarchy of Control
- Practical application of risk assessment process when working on the railway

### **MODULE 5: Railway Working – Hazards and Risk Control**

- Work At Height
- Management Of Asbestos
- Traffic Management
- Working In Public Areas or In a Live Operational Site
- Work On or Near the Railway
- Working In Confined Spaces
- Plant And Machinery
- Lifting Operations
- Excavations
- Electricity On Site
- Demolition
- Fire
- Working Over Water Temporary Works
- Slips, Trips
- First aid
- Control of Substances Hazardous to Health (COSHH)
- Fatigue Management
- Occupational Health Exposure
- Manual Handling
- PPE

### **MODULE 6: ACCIDENTS AND INCIDENTS RESPONSE**

- What Is an Incident and an Accident
- Why Accidents and Incidents Should Be Investigated
- Points to Consider When an Accident Occurs

### **MODULE 7: COMPLIANCE MONITORING**

- Reactive Performance Indicators
- Proactive And Reactive Monitoring
- The Four 'Ps.'
- Proactive On or Near the Line Site Inspection Techniques

### **MODULE 8: TOOLBOX TALKS DELIVERY**

- Introduction To Toolbox Talks- Why Do Them?
- Who Should Deliver Them?
- Delivering A Toolbox Talk
- Checking Understanding

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