



RailSTAR® Safe Working on the Railway

Everyone at work needs to understand the importance of safety and health.

We know that we need to really inspire our training delegates to get them engaged with safety and health. If the learning is enjoyable and stimulating, we stand a better chance of getting across vital safety and health messages.

RailSTAR – Safe Working on the Railway is a completely different approach to safety and health training. It's a high-impact programme designed to be fun and get people fully involved. The first-class, jargon-free content is based on what people need to know in practice, and not off-putting legal language.

WHO IS IT FOR?

Safe Working on the Railway is for people at any level, in the railway sector, who need a grounding in the essentials of safety and health. It gives everyone at work an understanding of why they must 'work safely' – and does it in an enjoyable way.

WHAT DOES THE BUSINESS GET?

- » Peace of mind from training that's designed by Chartered IOSH practitioners from the railway industry and quality-controlled by IOSH – the Chartered body for safety and health professionals
- » Minimal disruption to working days and shifts – the programme is delivered in just one day, including the assessment.

- » Efficient and effective learning – health, safety and environmental basics are covered in a single, self-contained session.
- » Globally recognised, respected and certificated training for its staff
- » Memorable and thought-provoking facts and case studies from the railway sector, to help reinforce learning throughout the course. Each module is backed by scenarios from genuine railway environment work situations. This interactive course helps delegates to learn in a refreshingly informal way.

RAILSTAR – SAFE WORKING ON THE RAILWAY COVERS

- » An outline of Health and Safety legislation
- » An outline of occupational safety and health
- » Defining hazard and risk
- » Identifying common railway hazards
- » Improving safety performance

Successful delegates are awarded an RailSTAR-IOSH Safe Working on the Railway certificate and competency card.

WHAT RESULTS CAN I EXPECT?

- » Greater productivity, from fewer hours lost due to sickness and accidents
- » Improved company-wide safety awareness culture and appreciation of safety measures
- » Active staff involvement to improve the workplace
- » Enhanced reputation within the supply chain.

WHAT IS THE COST?

- » Please contact info@railstar.org for more details.
- » Cost includes IOSH registration and certification, RailSTAR IOSH competency card, delegate workbook, and refreshments.
- » This course is registered by CITB NI for grant assistance*

RailSTAR Safe Working on the Railway is delivered by IOSH's approved training provider Advance Safety Management Ltd.

*(T&C apply).

Safe Working on The Railway Course Contents



MODULE 1: Introduction to Health and Safety

- Accident Prevention and Reporting
- Introduction to Health and Safety Law
- Railway accident statistics and root causes
- Risk Assessment Basics

MODULE 2: Occupational Health

- Control of substances hazardous to health
- Respiratory Risk
- Hand Arm Vibration Syndrome
- Noise
- Manual Handling

MODULE 3: Working Safely

- Fire Safety Awareness
- Working at Height
- Slips and Trips
- Environmental Safety
- Being a good neighbour
- Power & Hand Tool Safety
- Working in and around Railroad Vehicles
- Safe Lifting Operations
- Excavation Safety
- Temporary Works
- Confined Space Awareness
- Permits to Work
- Personal and Respiratory Protective Equipment

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